






# WEEKLY MENU

from 23.01.2023 to 27.01.2023

varied salad buffet each day

|                  | menu 1   | menu 2   |
|------------------|--|--|
| <b>Monday</b>    | pasta ' <i>Napoli</i> ' with tomato sauce<br>and grated hard cheese <sup>(G;1;2)</sup><br>apple<br>   | fried vegetable pattie <sup>(A;a1;C;G;l)</sup> with herbal rice<br>and carrots and onions <sup>(G)</sup><br>apple                        |
| <b>Tuesday</b>   | sliced pork <sup>(A;a1;G)</sup> with onions<br>and whole-grain rice<br>stirred tangerine quark <sup>(G)</sup><br>                                   | vegetable ragout (bell pepper, carrots, mushrooms) <sup>(A;a1;G)</sup><br>with herbal potatoes<br>stirred tangerine quark <sup>(G)</sup> |
| <b>Wednesday</b> | potato-carrot cremesoup <sup>(G)</sup><br>with croutons and whole grain bread <sup>(A;A1)</sup><br>banana<br>                                       | pancakes <sup>(A;a1;C;G;)</sup> with vanilla sauce <sup>(G;)</sup><br>with cinnamon and sugar<br>banana                                  |
| <b>Thursday</b>  | vegetable pan fry (carrots, cauliflower, broccoli)<br>with roasted potatoes and quark dip <sup>(G)</sup><br>strawberry yoghurt <sup>(G)</sup><br> | rice pan fry with sliced chicken breast,<br>bell pepper, tomatoes and zucchini<br>strawberry yoghurt <sup>(G)</sup>                      |
| <b>Friday</b>    | fish fingers <sup>(A;a1)</sup> (Pollack) with spinach<br>and potato puree <sup>(G)</sup><br>chocolate pudding <sup>(G)</sup><br>                  | scrambled egg <sup>(C;G;)</sup> with creamed spinach <sup>(G)</sup><br>and boiled potatoes<br>chocolate pudding <sup>(G)</sup>           |

Please notice indication of ingredients in case of food allergies or intolerances. We use iodized table salt. Subject to change without prior notice.



with this logo labeled dishes are prepared according to DGE quality standard for school lunch and are certified by *Deutsche Gesellschaft für Ernährung* (DGE) e.V. The daily changing salad bar is a further offer in addition to the menus.

